Take-home note

Mary visits Elizabeth · Luke 1:39–56

Today in Sunday school

Today your child heard about Mary's visit to her relative Elizabeth (Luke 1:39–56). Both women were expecting babies: Elizabeth was carrying John the Baptist, and Mary was carrying Jesus. When Mary said hello, Elizabeth's baby leaped for joy, and Mary sang a song of praise. She sang that God lifts up people who are small and fills the hungry with good things.

Talk about it

- What was your favorite part of the story?
- Who do you love to visit? How do you feel when you see them?
- Mary's song made God's goodness look big. What good things has God done for our family?

Try this at home

Read Luke 1:39–56 together. This week, visit, call, or send a card to someone who would be glad to hear from you. You could also choose a can of food together for a food pantry.

Pray together

Dear God, thank you for good news and for the people we love. Help us share our joy and our food with others. Amen.

Memory verse
"My soul magnifies the Lord. My spirit has rejoiced in God my Savior." (Luke 1:46–47)

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